



STARTERS



Edamame  	
Steamed Young Soy Beans in Pods, Tossed in Maldon Sea Salt	
Salted	£3.50
Chilli + Garlic Salted	£4.00

Gyoza 	
5x Fried Dumplings served with a Home-made Dipping Sauce	
Vegetable	£5.50
Chicken and Vegetable	£6.00
Duck	£6.00

Panko Prawns	£6.00
Served with Sweet Chilli Dipping Sauce and a Lemon Wedge	

Firecracker Prawns 	£7.00
Fried Panko Breadcrumb Prawns Dipped in Saucy Sriracha. Served with Chilli, Coriander, Spring onion and Lime	

Spicy Fried Halloumi  	£7.00
Loaded with Spicy Mayo, Fresh Chilli, Coriander, Spring Onion	

Bang Bang Cauliflower  	£6.00
Crispy Fried Cauliflower Florets. Tossed in our Home-made Sriracha Sauce, Finished with Fresh Herb Garnish	

Lightly Dusted Calamari	£7.00
Served with Miso Aioli and a Lemon Wedge	

Tuna Tartare	£9.50
Spicy Tuna Tartare on Smashed Avocado with Wonton Crisps	

Mixed Starter Platter - For Two Persons	£12.95
Panko Prawns, Gyoza selection, Edamame, Spicy Fried Halloumi	

BURGERS

All served in a brioche bun as standard

The Original	£9.00
Crispy Fried Chicken Fillet with Shredded Iceberg, Cheese, Kewpie Mayo and Pickled Red Onion	

Freddie Mer-curry	£10.00
Crispy Panko Chicken Fillet with Shredded Chinese Leaf, Cheese and Curry Mayo. Served with a Katsu Curry Sauce Dipping Pot	

Frank Sriracha	£9.50
Crispy Chicken Fillet Dipped in Saucy Sriracha, with Shredded Iceberg, Monterey Jack Cheese, Saucy Sriracha and Spicy Mayo	

SeoulJa Boy	£9.50
Crispy Fried Chicken Fillet Dipped In Gochu Gang Sauce, with Shredded Iceberg, Pickles, Cheese and Kimchi Mayo	

Extras	
Extra Cheese	£0.50
Double up / Extra Fillet	£3.00
Halloumi	£2.00

SASHIMI

3x Slices of the Best Quality Fish Available, all served with Soy Sauce, Wasabi and Pickled Ginger

Salmon Sashimi	£5.00
Tuna Sashimi	£6.00
Mixed Sashimi	£10.00
Salmon, Tuna	



MENU


01279 842 304
info@wingsnsushi.co.uk
47 High Street, Ware SG12 9BA


CHICKEN

24 Hour, Buttermilk Brined Chicken. Deep Fried Fresh to Order. Our Crispy Fried Chicken is then Coated in one of our Homemade Sauces and Loaded with a variety of fresh garnishes and Dips. All of our Asian Inspired Sauces are Home-made using only the Highest Quality Ingredients Available.

X4 Wings £6 | X6 Wings £8 | X4 Strips £8

Hoisin Sinner	
Beautifully Sweet and Sticky. Think Duck Pancake Meets Chicken Wing	


Saucy Sriracha 	
Sweet and Spicy. Lime and Lemongrass cut through the sauce to bring it all home.	


Gochu Gang 	
Spicy and Tangy. Be sure to eat with the included pickles for a true flavour BOMB	


Honey Sesame	
A True Fan Favourite. Lovely and Sweet this Staple Flavour is our Bestseller	

Teriyaki	
Sweet and Salty Teriyaki Sauce. Pineapple may not belong on a Pizza but it certainly works on a Chicken Wing!	


Honey Miso	
Sweet and Salty with a Ginger Kick	

Mango Madness 	
Mango and Lime with a Scotch Bonnet Kick. Winner Winner Chicken Dinner	


Korean BBQ 	
Sweet, Spicy, Tangy. This sauce has got it all	

Buffalo 	
Not Quite Asian. It would be an Injustice to Chicken Lovers to keep this off our menu	

CURRY

Katsu Curry 	
A Traditional, Home-made, Fruity Flavoured Curry with a Slight Kick. Served with Fragrant Jasmine Rice and Shelled Edamame Beans	

Panko Chicken	£12.00
Panko Prawn	£12.00
Cauliflower	£10.50

Mango Curry 	
A Beautiful Sweet and Fruity Curry. Served with Fragrant Jasmine Rice and Side Salad	



Panko Chicken	£12.00
Panko Prawn	£12.00
Cauliflower	£10.50

Teriyaki Bento 	
Panko Coated Chicken Fillets Topped with our House Teriyaki sauce. Served with Fragrant Jasmine Rice and Side Salad	

Panko Chicken	£12.00
Panko Prawn	£12.00
Cauliflower	£10.50

SUSHI ROLLS

Inside-out Rolls, 8 pcs, all served with Soy Sauce, Wasabi and Pickled Ginger.


Veggie Roll  	£6.50
Avocado, Cucumber and Julienne Carrot Filling. Finished with Chives and Toasted Sesame Seeds	

California Roll	£7.00
An all time simple classic. Salmon and Avocado Roll	


Philly Salmon Roll	£7.50
Scottish Salmon and Philadelphia Cream Cheese Filling. Finished with Chives and Toasted Sesame Seeds	

Katsu Roll	
Panko Chicken or Prawn filling with Spring Onion and Cucumber. Finished with Teriyaki Sauce, Shichimi and Toasted Sesame Seeds	



Chicken	£6.50
Prawn	£7.50

Crunch Roll 	
Avocado and Cucumber Filling. Finished with Teriyaki Sauce, Kewpie Mayo, Crispy Onions and Toasted Sesame Seeds	

Veggie	£6.50
Salmon	£7.50
Tempura Prawn	£7.50
Tuna	£8.50

Spicy Crunch Roll 	
Avocado and Cucumber Filling. Finished with Spicy Mayo, Crispy Onions and Toasted Sesame Seeds	

Veggie	£6.50
Salmon	£7.50
Tempura Prawn	£7.50
Tuna	£8.50

Spicy Roll  	
Avocado and Spring Onion Filling. Finished with Spicy Mayo, Shichimi, Chives and Toasted Sesame Seeds	

Veggie	£6.50
Salmon	£7.50
Tempura Prawn	£7.50
Tuna	£8.50

Topped Veggie Roll 	£9.00
Topped with Avocado, Cucumber Ribbons, Teriyaki Sauce, Chives and Toasted Sesame	


Dragon Roll	£10.50
Tempura Prawn and Steamed Asparagus Filling. Topped with Fanned Avocado, Spicy Mayo, Sriracha Sauce and Toasted Sesame Seeds	


Spicy Tuna Topped Roll 	£12.00
Tempura Prawn and Avocado Filling. Topped with Tuna, Spicy Mayo and Teriyaki Sauce	

Rainbow Roll	£12.50
Our Signature Roll - Tempura Prawn and Avocado Filling. Topped with Salmon, Tuna, Prawn, Avocado, Teriyaki and Toasted Sesame	


SIDES

Fries  	
Skin-on, Sea Salt or 5 Spice	
Salted	£3.50
5 Spice	£3.75


Katsu Loaded Fries 	£5.50
Sea Salt, Skin-on Fries. Loaded with our Home-made Katsu Sauce, Kewpie Mayo, Spring Onions and Toasted Sesame Seeds	
Add Chicken	£1.50

Hoisin Loaded Fries 	£5.50
Sea Salt, Skin-on Fries. Loaded with our Home-made Hoisin Sauce, Kewpie Mayo, Chives and Toasted Sesame Seeds	
Add Chicken	£1.50

Wakame Salad  	£3.50
Seaweed Salad in a Sesame and Soy Dressing	

Asahi Battered Onion Rings 	£3.50
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Coleslaw 	£3.00
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Fragrant Jasmine Rice  	£2.50
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NIGIRI SUSHI

Salmon Nigiri	
Thin Slices of Scottish Salmon on a Hand Rolled Ball of Sushi Rice	
x3 Nigiri	£4.50
x6 Nigiri	£8.50

Ebi Nigiri	
Butterflied King Prawn on a Hand Rolled Ball of Sushi Rice	
x3 Nigiri	£4.50
x6 Nigiri	£8.50

Tuna Nigiri	
Thin Slices of Yellowfin Tuna on a Hand rolled Ball of Rice	
x3 Nigiri	£5.50
x6 Nigiri	£10.00

Mixed Nigiri	£9.50
Salmon, Ebi, Tuna	

CHILDRENS MENU

Smaller Plates for Smaller Appetites

Wings + Chips	£6.00
Plain Wings and Chips	
Homemade Sauce and Garnish	£1.00

Strips + Chips	£6.00
Plain Strips + Chips	
Homemade Sauce and Garnish	£1.00

Kids Katsu Curry	£6.00
A Smaller Portion of our Signature Curry	

 =Vegetarian |  =Vegan

Please Note: Allergens are used extensively throughout our recipes and handled by our chefs. If you have any allergen requirements please call us before placing your order. A member of our staff will be happy to assist you.